



5 SESSIONS PITCHING CLINIC



Softball Saskatchewan is implementing Softball Canada’s new National Pitching Program, the CANpitch program! It was created to provide a nationally standardized curriculum based on Softball Canada’s Long-Term Player Development (LTPD) framework to introduce and develop the skill of windmill pitching to players. This program is designed for the FUNdamentals stage, the Learning To Train stage, and the Training To Train stage. **Please note: we are offering this clinic to 8-16 year olds.**

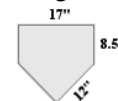
Each week you will have **1 hour** of instruction/practice in a small group (5-10 players per instructor). Please note that there are **5 different 1 hour sessions, therefore the player could be placed in one session anytime in that span!**

The program will run in **Regina** on the following Sundays: March 20th, 27th, April 3rd, 10th, 17th, 2011. The pitching clinic runs from 2:00pm – 7:00pm.

Instructors: Todd McCulloch – is entering his 11th year of playing Men’s softball. His team has won six South East Men’s league titles as well as three consecutive provincial championships. He has been a Softball Saskatchewan Skills Clinician for the last 5 years & is currently the Pitching coach of the University of Regina Softball Club. Todd is entering his 8th year of coaching and is Head Coach for our Boys 2011 Western Canada Summer Games team.

Shirrae Muhr – has played her Midget, Junior and Senior softball in Regina. Shirrae’s junior team took bronze at the Canadian Championship this year and then she went on and placed 2nd at the intercollegiate championship! Before that she had won 3 provincial championships and got 4th at a Canadian Championship and won gold & silver at Sr. B Western Canadian Championships. Shirrae attended Galveston College on a Softball Scholarship. Shirrae has been a pitching instructor for Softball Saskatchewan for the last 2 years.

Please remember to bring: a person to catch for you that isn’t in the clinic, clean indoor shoes, ball glove; filled water bottle (no soft drinks please); **home plate (cut from carpet or other soft material - 17 in. wide)**. An indoor ball will be provided for you to use.



A confirmation letter will be sent out after the registration deadline with group time and location. For faster response please include your email address on the registration form.

Registration Fee for the 5 sessions is \$70.00 (non-refundable) made payable to Softball Sask. with a completely filled out registration form. For more information – please contact Jacqueline or Chanelle at the Softball Saskatchewan office @ 780-9235 or info@softball.sk.ca Registration will only be upon payment. **Everyone must pre-register through the office.**

Please Fill out the following form and send it in with your registration fee of \$70.00 (non-refundable) to Softball Saskatchewan @ 2205 Victoria Ave. Regina, SK S4P 0S4.

Regina _____ Male _____ Female _____

Please circle what year you were born in:

2002 2001 2000 1999 1998 1997 1996 1995 1994

NAME: _____ Parent/Guardian: _____

ADDRESS: _____ Town/City: _____ Postal Code: _____

Phone: H) _____ W) _____ Email: _____

BIRTHDATE: day _____ month _____ year _____ Medical Concerns: _____

Return by March 7th, 2011 to:

**Softball Saskatchewan
Pitching Clinic
2205 Victoria Ave. Regina, SK., S4P 0S4**